The righteous cry out, and the Lord hears them; he delivers them from all their troubles." (Psalm 34:17)	Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.
My flesh and my heart may fail, but God is the strength of my heart and my portion forever. (Psalm 73:26)	He who did not spare his own Son, but gave him up for us all— how will he not also, along with him, graciously give us all things? (Romans 8:32)
"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." (John 16:33)	I will be glad and rejoice in your love, for you saw my affliction and knew the an- guish of my soul. (Psalm 31:7)

Be still, and know that I am God. (Psalm 46:10)	The Lord longs to be gracious to you; he rises to show you com- passion. For the Lord is a God of justice. Blessed are all who wait for him. (Isaiah 30:18)
Wait for the Lord; be strong and take heart and wait for the Lord. (Psalm 27:14)	For I am the Lord, your God, who takes hold of your right hand and says to you, "Do not fear. I will help you." (Isaiah 41:14)
The Lord is close to the broken hearted and saves those who are crushed in spirit. (Psalm 34:18)	He gives strength to the weary and increases the power of the weak. (Isaiah 40:29)

"I have swept away your offenses like a cloud, your sins like the morning mist. Return to me, for I have redeemed you." (Isaiah 44:22)	The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise. (Psalm 51:17)
I, even I, am he who blots out your transgressions, for my own sake, and remembers your sin no more. (Isaiah 43:25)	As far as the east is from the west, so far has he removed our transgression from us. (Psalm 103:12)
In my anguish I cried to the Lord, and he answered by setting me free. (Psalm 118:5)	Trust in the Lord with all your heart and lean not on your own understanding. (Proverbs 3:5)

For the Lord is good and his love endures forever; his faithfulness continues through all generations. (Psalm 100:5)	Shouts of joy and victory re- sound in the tens of the right- eous, "The Lord's right hand has done mighty things!" (Psalm 118:15)
Because you are my help, I sing in the shadow of your wings. (Psalm 63:7)	