

# COMMUNITY HELPERS

## Theme Pack for Pre-K/K

PREVIEW

 hairdresser	 teacher	 baker
 chef	 mail carrier	

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I Am a Doctor



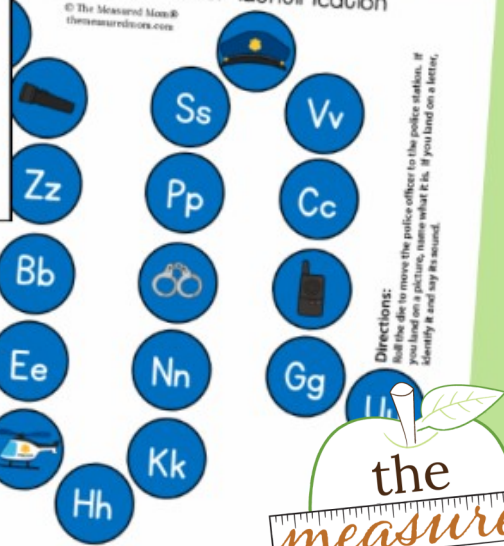
The construction worker.

3

Police Game: Letter Identification

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Directions: Roll the dice to move the police officer to the police station. If you land on a picture, name what it is. If you land on a letter, identify it and say it aloud.



Letters: Ss, Vv, Zz, Pp, Cc, Bb, Ee, Nn, Gg, Hh, Kk, Mm, Jj, Ff

# Thank you

Thank you for purchasing a printable pack from The Measured Mom®! My printables are designed for both parents and teachers. For that reason, you'll find references to both single children and to students in classrooms. Most of the activities can be easily modified to work well at home or school.

## A Note about Printing

If you're having trouble when printing the contents of this packet (such as funny lines or jumbled text), you need the most current version of the free Adobe Reader on your computer. You can [get it for free HERE](#). After downloading it to your computer, open this file using Adobe Reader, and print from there.

## Questions?

E-mail [anna@themeasuredmom.com](mailto:anna@themeasuredmom.com)

### Community Helpers Pre-K/K Theme Pack

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Clip art from these artists:



# Community Helper 3-part cards



firefighter



police officer



dentist



veterinarian



doctor



nurse

Sample  
Picture  
Cards



# Sample Nonfiction Reader



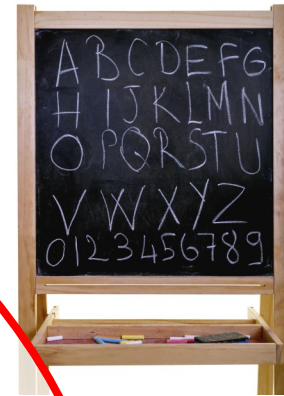
See my boots.

I am a firefighter!

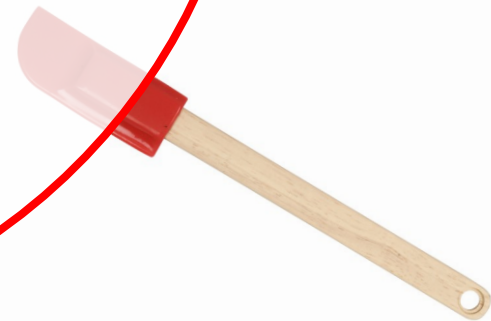
I am a baker.



Sample  
Sorting  
Mat



# Sample Sorting Cards



**Teacher:** stapler, books, chalkboard

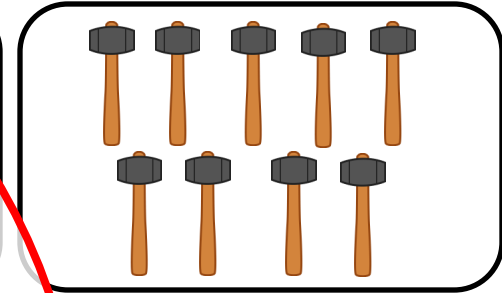
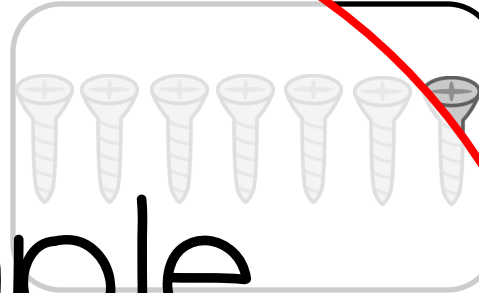
**Baker:** mixer, oven mitt, oven, rolling pin, muffin tin, rubber spatula

# Construction Worker BUMP!

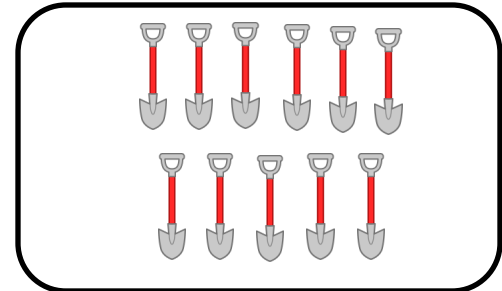
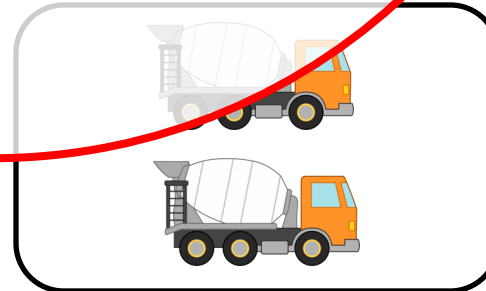
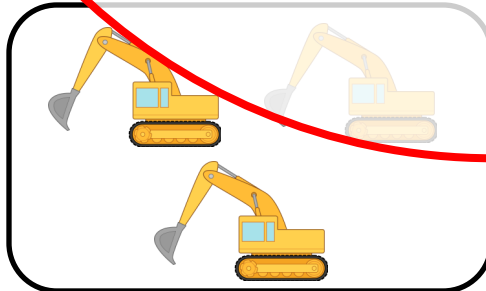
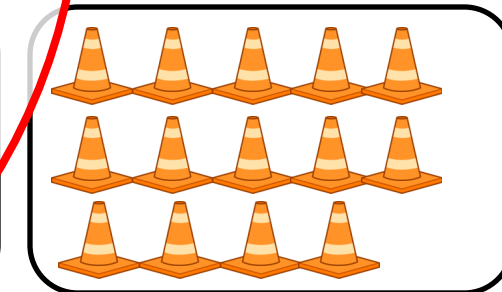
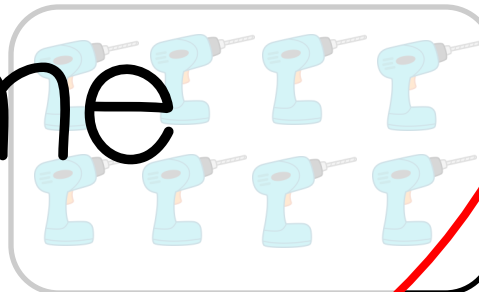
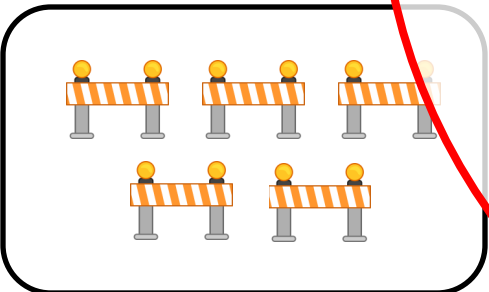
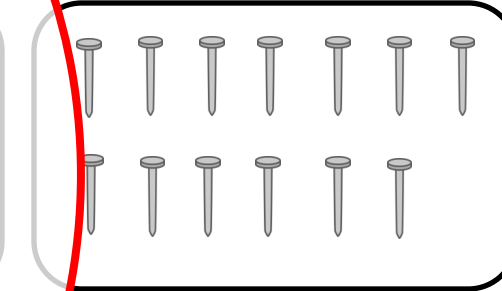
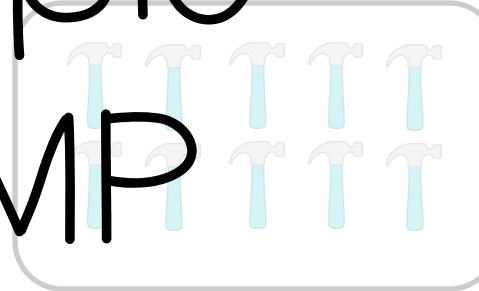
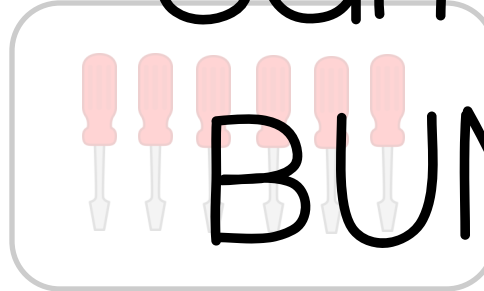
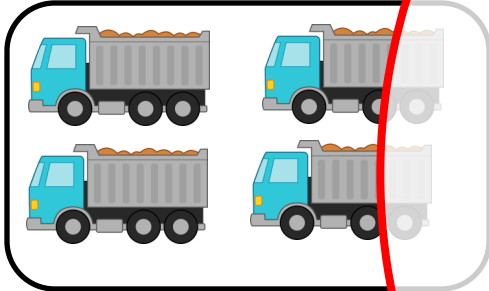
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Draw a card. Find a space with that number of items on the board. Cover it with one cube. Another player can bump your piece off if they pull the same number. If you draw the same number again, "freeze" your spot by putting another cube on top. When all the spots are covered, whoever has the most spots WINS.



Sample  
BUMP  
game



# Community Helpers

# BINGO



farmer



mechanic



florist



grocer

Sample  
Bingo Card



mayor



chef



librarian

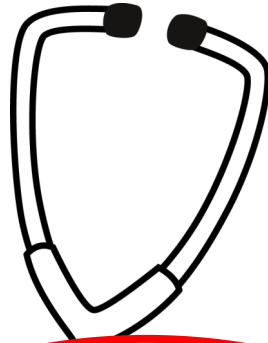


gardener



custodian



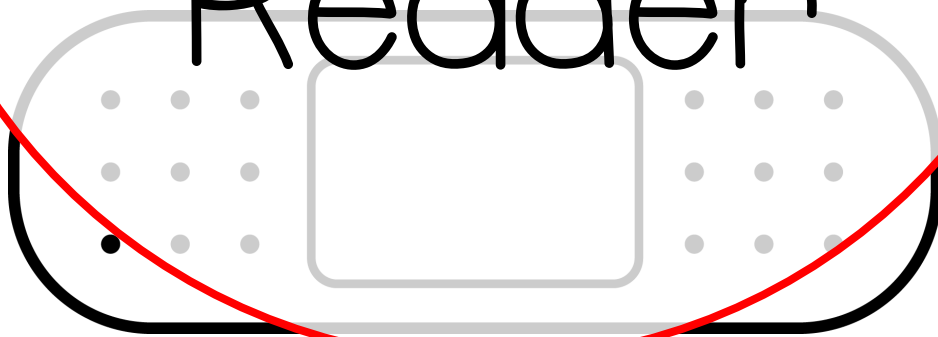


Sample  
See the stethoscope.

4

Color Me  
Reader

©



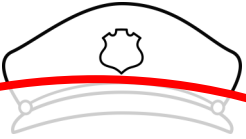
















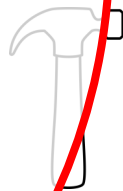

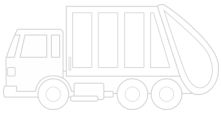


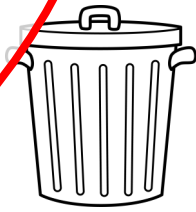

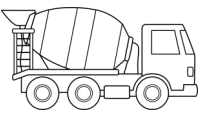
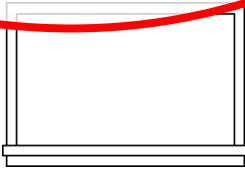
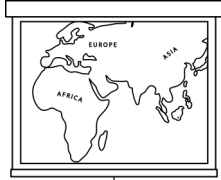



See the bandage.

5

# Which One Doesn't Belong?

Which picture shows something the community worker would NOT use? Cross it out..

Sample  
Activity  
Page

# Sensory Play Ideas

- **Farm sensory bin** - Fill a container with a base of dried corn and add toy farm animals, raffia, wooden cups and bowls, garden tools for digging, toy tractor, toy fences, etc.
- **Firefighter sensory bin** - Fill a container with a base (such as popcorn kernels or dried black beans) and add toy firefighters, toy fire trucks, red/yellow/orange shredded paper and/or pom poms, etc.
- **Construction sensory bin** - Fill a container with a base of rocks and sand. Add toy construction vehicles, larger rocks, nuts and bolts, toy street signs, etc.
- **Add emergency vehicles** to the sand or water table.
- **Use vehicle cookie cutters** (fire truck, etc.) with play dough.
- **Add toy community helper figurines** and/or toy vehicles to the block center.
- **Build with play dough and craft sticks** for construction theme.
- **Sand and spray** - Put sand in a bin. Children can spray with water bottle and then make prints of their hands, the bottom of a toy, etc. They can pretend to be police officers examining clues.
- **Playdough candy** - Give children clean plastic candy trays (from trays of chocolates) and brown play dough. Have them mold the play dough into candy to fill the tray.

# Sample Resource Dramatic Play Center Ideas Page

**Doctor's Office** - [See a pretend doctor's office at Prekinders](http://bit.ly/1G97MjJ) - <http://bit.ly/1G97MjJ>

- lab coats
- nurse's scrubs
- rubber gloves
- Ace bandages
- empty medicine bottles or empty travel sized bottles
- bulb suction
- medicine cup
- stethoscope
- cotton balls
- waiting room sign, chairs, magazines
- X-rays on transparencies
- toy doctor tools such as a syringe, hammer, etc.
- clear cosmetic bag to use as a doctor's bag
- eye chart
- bathroom scale